

## Sample Coparenting Schedules for Primary Custody with One Parent

**The “alternating weekends” schedule:** Time spent varies from 25 to 30 percent with one parent and 70 to 75 percent with the other parent. Once a-week dinner and every other weekend with parent who has smaller timeshare. Weekends begin on Friday at 3 pm and end on Monday with return to school.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Week 1</b>							
<b>2</b>							
<b>3</b>							
<b>4</b>							

**Sample schedule for infant with no overnight:** Needs to be coordinated with infant's eating and sleeping schedule. Requires good cooperation between parents and can include additional days.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Week 1</b>		5-8 pm		5-8 pm		9am-3pm	
<b>2</b>							
<b>3</b>							
<b>4</b>							

**Sample schedule for infant with overnight:** Would also be okay for toddlers.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Week 1</b>	7 pm	7 am		7 pm	7 am		7 pm
<b>2</b>							
<b>3</b>							
<b>4</b>							

**For all plans:** Separately list schedules for holidays, any special days, such as Father's Day or Mother's Day, and vacations.