

Alcohol Impairment Chart for Males

APPROXIMATE BLOOD ALCOHOL PERCENTAGE										
Drinks	Body Weight in Pounds									
	100	120	140	160	180	200	220	240		
0	.00	.00	.00	.00	.00	.00	.00	.00	.00	ONLY SAFE DRIVING LIMIT
1	.04	.03	.03	.02	.02	.02	.02	.02	.02	IMPAIRMENT BEGINS
2	.08	.06	.05	.05	.04	.04	.03	.03		DRIVING SKILLS SIGNIFICANTLY AFFECTED
3	.11	.09	.08	.07	.06	.06	.05	.05		POSSIBLE CRIMINAL PENALTIES
4	.15	.12	.11	.09	.08	.08	.07	.06		
5	.19	.16	.13	.12	.11	.09	.09	.08		
6	.23	.19	.16	.14	.13	.11	.10	.09		
7	.26	.22	.19	.16	.15	.13	.12	.11		LEGALLY INTOXICATED
8	.30	.25	.21	.19	.17	.15	.14	.13		—
9	.34	.28	.24	.21	.19	.17	.15	.14		CRIMINAL PENALTIES
10	.38	.31	.27	.23	.21	.19	.17	.16		

**Your body can get rid of approximately one drink per hour.
1 1/2 oz. of 80-proof liquor, 12 oz. of beer, or 5 oz. of wine = 1 drink**

NOTE: BAC percentages represent how many drinks are in the system at that time—not how many a person has had over any period of time.

AN IMPORTANT MESSAGE TO ALL MALES: Your female counterparts are more susceptible to alcohol's damaging effects than are you. Because of several physiological reasons, females will feel the effects of alcohol more than males, even if they are the same size and they have consumed the same amount in the same time period.

NOTE: Underage drinkers develop dependency more rapidly, becoming alcohol dependent sooner in life, their dependency periods stretching over longer periods, than those who begin drinking over the age of 21.

Never Drink and Drive!