# The Teen/Parent Driving Agreement

## Teen Commitment

#### By signing this agreement, I agree to practice safe and responsible driving, including:

- Making sure every person in the vehicle, including myself, is properly restrained with seat belts before the vehicle moves from its parking space
- Maintaining a safe speed at all times
- Maintaining proper following distance (2–3 seconds and double that in adverse weather conditions)
- Obeying all traffic laws
- Refraining from driving aggressively
- Driving defensively, and otherwise maintaining full attention to the task of driving by keeping my eyes on the road
- Remaining courteous at all times and being respectful of other drivers and pedestrians
- Standing up for the safety of myself, my friends, and my passengers
- Never driving under the influence of drugs or alcohol
- Never getting in a vehicle with someone who has been drinking or using drugs
- Not letting my friends, relatives, or acquaintances drive after using alcohol or drugs

#### I am committed to requesting your help if:

- I find myself under the influence of drugs or alcohol and I have the responsibility of driving a vehicle
- I find that the provider of my transportation is under the influence of drugs or alcohol
- My friends need safe transportation home

### Parent/Guardian Commitment

#### As a parent or guardian for my teen, I agree to:

- Picking you up or arranging for you to be brought home safely, regardless of the situation or timing of your call
- Remaining calm and thanking you for being mature and responsible enough to call me if you need help, and not to discuss the situation until the next day if alcohol or drugs are involved
- Being available to arrange safe transportation for your friends should they be in a dangerous situation
- Always wearing my seat belt and obeying all traffic safety laws while driving, not only to be safe, but also to be a good role model
- Not driving while under the influence of alcohol or drugs thereby endangering myself and others

Teen Signature